MEMORIAL DAY WEEKEND 05.25.24
• Gray’s Lake Park • Des Moines •

REGISTER
• www.starsstripesspirit.com •

$35 for Adults | $25 for U18s
$10 early discount ends 4.25.24

0800 • Registration Begins
0900 • Walk / Run Start
1000 • Post Event Ceremonies

5K Walk/Run & 1K Walk Option
Color Rush Run for Kids and the Young at Heart
Event T-Shirt
Food and Beverages

#starsstripesspirit5k