

The American Legion of Iowa Boys State

Packing List

What should I bring with me to Boys State?

Once you have registered as a delegate for the Boys State program, an official handbook will be provided to you and your primary contact outlining details for the program including what to bring. The items listed below are what we advise delegates to pack and have on hand while attending Boys State for ONE FULL WEEK.

- Bedding – twin size (sheets, blankets, pillows, pillow covers, or sleeping bag, etc.)
These **WILL NOT** be provided for you.
- Bug spray
- Comb/Brush and styling products
- Face towels – Bath towels
- Facial wash
- Jeans & shorts
- Medical Insurance Card and Medical Release Form (Signature Form)
- Musical instrument and stand (If applicable)
- Pajamas
- Personal Water Bottle!
- Raincoat
- Shampoo, conditioner, and body wash/soap
- Shaving/toilet articles/small mirror
- Shirts – A Boys State shirt will be provided for you which you will wear every day. You can purchase additional shirts if you would like.
- Shoes for all sports (NO flip-flops)
- Shower shoes
- Signature Form (Medical Release Form requiring your parent's signature)
- Small bag
- Spending money for the PX (\$40 should be plenty, however, if you plan to purchase a high school graduation cord, bring an additional \$20)
- Sports uniforms/clothing
- Sunscreen
- Sweater/sweatshirt/jacket
- Toothbrush and toothpaste (mouth wash if necessary)
- Underwear and socks

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If you happen to forget something, the PX (Post Exchange) will be open for purchase on Camp Dodge. Candy, ice cream, soft drinks, postage stamps, soap, toothpaste and other articles may be purchased daily. As this is a military PX, please observe their rules as to purchases allowed. The following **WILL NOT** be permitted or tolerated:

- Alcohol
- Tobacco
- Narcotics
- Weapons (including pocket knives)
- Campaign Material – You will be able to purchase these with American Legion of Iowa Boys State money.